

LIESE PROKOP MEMORIAL



Date	Thursday, 26 May 2016
Venue	NÖ Sportzentrum, Dr. Adolf Schärfstr.25 3100 St.Pölten
Organiser	Union St.Pölten, Meeting director Gottfried Lammerhuber
Main Programm	<p><u>Women</u> : 100 m VL + EL A/B; 200m, 400m A/B, 800m , 100 Hü VL + EL A/B, pole vault, triple jump</p> <p><u>Men</u> : 100m VL + EL A/B, 400m A/B, long jump, discus, hammer</p> <p>The main program has limited starfields. We will let you know, if your spot is fixed or if you are on the waiting list, latest on 31 May</p>
Pre Programm	<p><u>Women</u>: 100m (qualification for main programm), hammer</p> <p><u>Men</u>: 100m (qualification for main programm), 200m , 110 Hü, 800m ; high jump</p> <p>There will be no entry limits for pre programm;</p> <p>Age group U16 and older</p>
Entries	<p>lammerhuber@oelv.at</p> <p>First name, family name, club/country, event with PB/SB</p> <p>Entries closing : Saturday, 21 May</p>
Entry fee	8 € (you have to pay it at the entry desk) Late entry : 15 €
Price Money	<p><u>A – events</u>: TOP 3 400 € / 200 € / 100 €</p> <p>100m m + w, 800m w, 100 Hü, long jump m, discus m;</p> <p><u>B- events</u>: TOP 3 200 € / 100 € / 50 €</p> <p>200m w, 400m m + w, pole vault, triple jump w, hammer m</p>

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Athletes Hotel	Travel refund on request NÖ Sportzentrum; www.sportzentrum-noe.at
Special	We can guarantee following wind for sprint, hurdles and jumps
Starting height	Highjump men: 1,80; 1,85; 1,90; 1,95; 2,00; 2,05 + 3 Pole vault women: 3,55; 3,75; 3,85; 3,95; 4,05; 4,15 + 10
Timetable	The timetable will be presented on 8 May
Contact	meetingdirector Gottfried Lammerhuber lammerhuber@oelv.at Tel. 0043 676 4267969

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Meeting Records				
Men				
100 m	10,25	Morris Joseph	USA	2015
	10,09 (+2,2)	Morris Joseph	USA	2015
200 m	20,63	Morris Joseph	USA	2015
400 m	45,54	Williams Conrad	Großbritannien	2012
110 Hü	13,58	Porter Jeff	USA	2011
Long Jump	7,83	Polyanskiy Sergey	Russland	2015
	8,06 (+2,4)	JJ Jegede	Großbritannien	2014
High Jump	2,25	Horak Peter	Slowakei	2010
Discus	65,08	Malina Libor	Tschechien	1998
Hammer	76,61	Shaunov Yury	Weißrussland	2013
Women				
100 m	11,17	Horn Carina	Südafrika	2014
200 m	23,28	Voronenkova Ekatarina	Russland	2012
400 m	53,12	Wyciskiewicz Patrycja	Polen	2015
800 m	2:02,04	Belleau-Beliveau Karine	Kanada	2012
110 Hü	12,99	Schrott Beate	Union St.Pölten	2012
High Jump	1,90	Kirchmann Sigrid	Union Ebensee	1995
Pole Vault	4,31	Grünberg Kira	ATSV Innsbruck	2015
Hammer	68,19	Orban Eva	Ungarn	2011

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Zeitplan / Timetable

Zeit/Time	Frauen / Women			Männer / Men			Zeit/Time
14:30		Triple Jump	Hammer	110 Hü ZL			14:30
15:00	NÖN KIDS RUN						15:00
15:15							15:15
15:30	100m VL				High Jump		15:30
15:45				100m VL		Hammer	15:45
15:50							15:50
16:05				800 m			16:05
16:15	Eröffnung / Opening ceremony						16:15
16:25		800 m					16:25
16:30		Pole vault					16:30
16:30	Siegerehrung KIDS Run / U12 Challenge						16:30
16:45	100m EL A/B						16:45
16:55				100m EL A/B			16:55
17:00							17:00
17:05	Rad versus Läufer						17:10
17:15						Diskus	17:15
17:30	100m Hü VL						17:30
17:45							17:45
18:00	200m A/AB						18:00
18:15				200m A/B	Long Jump		18:15
18:30	100m Hü EL A/B						18:30
18:45	400m A/B						18:45
19:00				400m A/B			19:00